

Plan to train all congregational leaders and family heads to serve the Lord's Supper without trying to explain it or to explain it away. Let Holy Spirit speak to believers' hearts as they take the bread and the cup).

### 3. Plan with your co-workers the up-coming worship time.

Have the **children** present the drama, poem and questions that they have prepared.

**Tell** or act out any of what you found in part 1. **Ask** questions about what you found.

- The Jewish Passover, Exodus 12:21-28,
- The bread from heaven, Exodus 16:2-5 & 30-31.
- Jesus feeding the 4,000, Mark 8:1-9.
- Jesus telling people to eat His flesh, and what He promised believers, John 6:25-36 & 48-64.
- Jesus establishing the ceremony of the Lord's Supper, Matthew 26:26-29.
- What eating and drinking at the Lord's Supper really are, 1 Corinthians 10:16-20.
- Why we confess our sins before taking the Lord's Supper, 1 Corinthians 11:25-34.

If any believers **sing** well and have a nice song about the cross of Jesus, then let them teach the song to the others and lead them in singing it. If it is dangerous to sing loudly, then sing or chant softly.

To introduce the **Lord's Supper**, read Genesis 4:4-4 or tell the account of Adam's son, Abel, who presented to God a blood sacrifice of an innocent animal. Explain how Jesus is the innocent one whose sacrifice brings us to God. Before taking the bread and cup, allow time for believers to confess their sins silently to God, or vocally to the group if they have committed public sins.

**Memorize** together **1 John 1:7-9**.

## The Lord's Supper Believers Experience the Lord's Presence at the Lord's Table

Those who teach children should read study #105 for children.

If you have not yet read #8, *Plan and Lead Group Worship*, then, please, do so now.

**Prayer:** "Lord Jesus, let my flock and me experience your forgiving grace and life-giving Spirit as we take together the cup and the bread in remembrance of you."

### 1. Prepare your heart and mind with God's Word to lead your flock to the Lord's Supper.

The Lord's Table, also called the Lord's Supper, Communion and Eucharist, has been at the centre of Christian worship for twenty centuries.



### Background

- Some churches have made a mistake by saying that the cup and bread become the real, physical body and blood of Christ.
- Other churches have made a mistake by saying that the cup and bread are only reminders and do nothing for us at all.

- As you read the Bible texts below, find what the Word of God says about it.

Find in **Exodus 12:21-28**...

- Which people in Egypt were commanded to prepare a “Passover” sacrifice.
- What they did with the blood from the sacrifice.
- What the Lord would do for those who made the Passover sacrifice.

Find in **Exodus 16:2-5**...

- What the Israelite people were worried about as they followed Moses on a long trip.
- What God provided to meet the people’s need.

Find in **Exodus 16:30-31**...

- What the people called the bread that God freely gave to them.

Find in **Mark 8:1-9**...

- How Jesus felt about people who listened to his teaching.
- What kind of place was it where the people were listening to Jesus (See verse 4)
- What Jesus provided to meet the people’s need.

Find in **John 6:25-36**...

- How Jesus is like Moses, leader of the Israelites, when God gave them miraculous manna.
- How Jesus is greater than Moses.

Find in **John 6:48-51**...

- What Jesus promised to give to all who trust in Him.

Find in **John 6:52-64**...

- What Jesus promised to give to all who “eat” and “drink” His flesh and blood.
- What more Jesus promised to give to all who “eat” and “drink” him.
- How people can “eat” and “drink” Christ. (See verses 63 & 64).

Find in **Matthew 26:26-29**...

- what happened while Jesus and his followers were eating the Jewish Passover meal.
- What Jesus called the Passover bread.
- What Jesus called the Passover cup.
- What Jesus commanded his follower to do.

Find in **1 Corinthians 10:16-22**...

- What happens when believers drink from the communion cup. (Verse 16)
- What happens when believers eat of the communion bread.
- What danger there is for believers who eat pagan sacrifices.

Find in **1 Corinthians 11:25-34**...

- How taking the Lord’s Supper is like speaking an important message. (Verse 26).
- What believers should do before taking the Lord ’s Supper. (Verses 27 & 28)
- What danger awaits us if we take the Lord ’s Supper without showing love to other believers.

## 2. Plan with co-workers activities for the coming week.

Arrange to have the deacons take the Lord ’s Supper to the sick and weak who cannot come to the regular worship meeting.

If any believers seem not to respect the value of the Lord’s Supper, discuss with them the need to show respect for Christ’s mystical body and blood when taking the Lord’s Supper.

Discuss with your co-workers ways that those who serve the Lord’s Supper can give to it the same emphasis that Jesus and Paul did.

Discuss with your co-workers ways that those who serve the Lord’s Supper can help believers to sense the presence of Christ in communion.